



Monkey Puzzle Stratford-upon-Avon

WEEK TWO Summer Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast (cereal- weetabix, porridge or muesli)	Cereal with milk or Toast and butter Fruit Milk or Water	Cereal with milk or Toast and butter Fruit Milk or Water	Cereal with milk or Toast and butter Fruit Milk or Water	Cereal with milk or toast and butter Fruit Milk or Water	Cereal with milk or Toast and butter Fruit Milk or Water
Snacks Comprises 1 or 2 snacks per day – adjust quantity accordingly	Fresh fruit platter over 2 snacks Milk or Water	Cheese straws/ Cucumber Rice cakes/ Grapes Milk or Water	Fresh fruit Dried fruit Milk or Water	Carrots/ Peppers/ Cheese Breadsticks Hummus Milk or Water	Fresh fruit platter Over 2 snacks Milk or Water
Lunch	Sicilian Beef with Tagliatelle Exotic Fruit Fool Water	Chicken Korma with Sticky Rice Orange Drizzle Cake Water	Chicken Provencal with Roasted New Potatoes Carrots Batons Seasonal Fruit Salad with Cream Water	Portuguese Fish and Diced Potato Mixed Summer Fruit Berry Yogurt Water	Broccoli and Cauliflower Macaroni Cheese Bake Melon Platter Water
Light Meal	Pea and Mint Soup with Warm Crusty Bread St Clementine Shortbread Milk or Water	Wrap with chicken slices salad and tomatoes Pineapple and Mango Milk or Water	Honey Roast Ham and Cheese Scone with Carrot Sticks Vanilla Yogurt Milk or Water	Tomato Spaghetti on Wholemeal Toast Cheery Flapjack Milk or Water	Jacket Potato with various Toppings Fruit scones Milk or Water

We tailor our menus weekly to reflect children's choice (we find this out during conversations at meal times) and introduce at least one new food or dish for the children to try every week. We also ensure that children are introduced to a variety of fresh fruits and vegetables.